



EARLY YEARS INTERVENTION AND PREVENTION PROJECT

NELFT **NHS**
NHS Foundation Trust

Speech and Language Therapy Service for Children, Barking and Dagenham Special Time

What is special time?

'Special Time' is when you and your child play together one to one with **no distractions**.

Find **5 minutes every day** to do 'Special Time' with your child. 'Special Time' with your child will help develop their language.

Let your **child choose** the activity, toy, or game. Follow your **child's lead** and give your child your **full attention** during 'Special Time'!

This is your child's '**talking time**'. This is a great opportunity for you to model language to your child.

This is what we are using to support your child's talking.

Scan the QR code and have a go at home too!



The video will be played via YouTube. Subtitles can be added for your preferred language.

For further information please contact us on SLTpreventionEY@nelft.nhs.uk

We aim to respond to your queries within 5 working days

