



Dear Parent/Carer,

Please find below some useful information we have received from the local authority today.

You may have heard there is an increase in scarlet fever, hand, foot and mouth, Chicken pox and Strep A in school age children and younger. Here are some information resources that may be useful:

[Factsheet \(publishing.service.gov.uk\)](http://publishing.service.gov.uk)

[Scarlet fever: symptoms, diagnosis and treatment - GOV.UK \(www.gov.uk\)](http://www.gov.uk)

[Chickenpox - NHS \(www.nhs.uk\)](http://www.nhs.uk)

[Scarlet fever - NHS \(www.nhs.uk\)](http://www.nhs.uk)

[Hand, foot and mouth disease - NHS \(www.nhs.uk\)](http://www.nhs.uk)

[Group A streptococcal infections: guidance and data - GOV.UK \(www.gov.uk\)](http://www.gov.uk)

It makes it clear that anyone with these symptoms should seek a consultation with a GP. Scarlet Fever and Strep A are usually treated with antibiotics, Chicken pox and Hand, Foot, Mouth disease usually just need plenty of rest and fluids. You can also seek advice from a pharmacist for Chicken pox and Hand, foot, mouth disease.

Recovery/incubation period – *Linking to our policies and procedures*

Hand, Foot and Mouth – Can return when all blisters, other signs/symptoms are gone.

Chicken Pox – Can return when ALL spots are scabbed over.

Scarlet Fever/Strep A – 2-6 days Incubation period required. When symptoms are gone or once they have been on antibiotics for at least 48 hours.

All children must be eating and drinking properly and must not have a temperature before returning to nursery. When children are poorly the best place for them is at home in order to rest. All policies are reviewed at Manager discretion.

All these illnesses are very contagious particularly in children under the age of 5. The nursery is doing the upmost to ensure we eliminate any illnesses as quickly as possible by cleaning regularly. If your child/ren are not well please keep them at home and get them seen by a GP.

If you have any questions, please feel free to contact me.

Kind Regards

Demi Allen

Nursery Manager